



# SIMPLY GOOD

## Chartwells School Dining Services at St. Patrick's Elementary Lunch Menu Jan. 29th - Feb. 23rd 2018 Student Lunch \$2.60 Reduced \$0.40

A full student lunch includes a choice of entrée supplying protein and grain, up to two (2) vegetable side dishes, two (2) fruit side dishes, and milk. Milk choices include skim white and skim chocolate.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Grilled Cheese Sandwich WG</b> W Campbell Tomato Soup <u>Fruit &amp; Veggie Bar</u> Spinach & Romaine Side Salad <b>Cucumber Slices</b> Chilled Pears FRESH ORANGE WEDGES	<b>Beef/Chicken Nachos w Cheese Sauce</b> Refried Beans <u>Fruit &amp; Veggie Bar</u> Spinach & Romaine Side Salad <b>Fresh Red Pepper Strips</b> Cinnamon Apple Slices Fresh Grapes	<b>Mini Maple Pancakes &amp; Scrambled Eggs</b> Tator Tots <u>Fruit &amp; Veggie Bar</u> Spinach & Romaine Side Salad <b>Fresh Baby Carrots</b> CINNAMON APPLE SLICES Fresh Orange Wedges	<b>Mini Corn Dog w Biscuit</b> Steamed Broccoli <u>Fruit &amp; Veggie Bar</u> Spinach & Romaine Side Salad <b>Cherry Tomatoes</b> Chilled Pineapples <b>LOCAL APPLE</b>	<b>Chicken Patty WG Bun</b> Oven Fries <u>Fruit &amp; Veggie Bar</u> Spinach & Romaine Side Salad <b>Shredded Carrot Sticks</b> Chilled Mixed Fruit 100% Juice
<b>Cookie w lunch</b> <b>Hot Dog WG Bun or Chili &amp; Roll or Both</b> Crispy Tator Tots <u>Fruit &amp; Veggie Bar</u> Spinach & Romaine Side Salad <b>Fresh Baby Carrots</b> Chilled Pears Fresh Orange wedges	<b>Homemade Pepperoni Pizza</b> Steamed Broccoli <u>Fruit &amp; Veggie Bar</u> Spinach & Romaine Side Salad <b>Fresh Red Pepper Strips</b> Rosy Applesauce Fresh Watermelon	<b>Berry Parfait w Granola</b> Strawberries <u>Fruit &amp; Veggie Bar</u> Spinach & Romaine Side Salad <b>Cole Slaw</b> Chilled Peaches <b>LOCAL APPLE</b>	<b>Chicken Tenders &amp; WG Dinner Roll</b> Mashed Potatoes & Gravy <u>Fruit &amp; Veggie Bar</u> Spinach & Romaine Side Salad <b>Shredded Carrot Sticks</b> Chilled Mandarin Oranges Fresh Banana	<b>Walking Taco Corn Chips</b> Sweet Tator tots <u>Fruit &amp; Veggie Bar</u> Spinach & Romaine Side Salad <b>Cucumber Slices</b> Chilled Mixed Fruit 100% Juice
<b>Chicken Nuggets WG Dinner Roll</b> Steamed Green Beans <u>Fruit &amp; Veggie Bar</u> Spinach & Romaine Side Salad <b>Broccoli Bites</b> Rosy Applesauce Fresh Pear	<b>Fruit Rollup w lunch</b> <b>Bosco Cheesefilled Breadsticks WG</b> Pizza Dipping Sauce <u>Fruit &amp; Veggie Bar</u> Spinach & Romaine Side Salad <b>Fresh Grape Tomatoes</b> Chilled Peaches Fresh Grapes	<b>Mini Maple Pancakes &amp; Sausage Links</b> Steamed Peas <u>Fruit &amp; Veggie Bar</u> Spinach & Romaine Side Salad <b>Fresh Cucumber Coins</b> Cinnamon Apple Slices Fresh Orange Wedges	<b>Meatball Marinara w Spaghetti &amp; Breadstick</b> Steamed Broccoli <u>Fruit &amp; Veggie Bar</u> Spinach & Romaine Side Salad <b>Fresh Baby Carrots</b> Chilled Pears <b>LOCAL APPLE</b>	<b>1/2 Day of School</b>  No Meals
<b>No School</b>  No Meals	<b>Homemade Cheese Pizza</b> Steamed Green Beans <u>Fruit &amp; Veggie Bar</u> Spinach & Romaine Side Salad <b>Fresh Baby Carrots</b> Rosy Applesauce Cantaloupe	<b>Macaroni &amp; Cheese</b> w/ soft pretzel Steamed Broccoli <u>Fruit &amp; Veggie Bar</u> Spinach & Romaine Side Salad <b>Fresh Grape Tomatoes</b> California Raisins <b>LOCAL APPLE</b>	<b>Goldfish crackers</b> <b>Baked BBQ Chicken WG w Dinner Roll</b> Mashed Potatoes & Gravy <u>Fruit &amp; Veggie Bar</u> Spinach & Romaine Side Salad <b>Broccoli Bites</b> Chilled Pears Fresh Banana	<b>Mini Waffles w Chicken Tenders</b> Crispy Tator Tots <u>Fruit &amp; Veggie Bar</u> Spinach & Romaine Side Salad <b>Fresh Celery Sticks</b> Mixed Fruit Cup 100% Juice
<b>Alternate Entrees</b> (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk)				
<b>Mondays</b> 2) Cinnamon French Toast Stix w Sausage Links 3) PB&J Crustable wString Cheese, 100% Juice, Carrot Sticks & Bug Bites 4) Chef Salad Turkey/Ham	<b>Tuesdays</b> 2) Cheeseburger WG Bun  3) Yogurt Cup, String Cheese, Blueberry Muffin, 100% Juice & Carrots 4) Chicken Caesar Salad	<b>Wednesdays</b> 2) WG Pizza Dunkers wCheese & Pizza Sauce 3) Mini Turkey Sub Fun Meal 100% Juice, Raisins and Fruit Rollup 4) Chef Salad Turkey/Ham	<b>Thursdays</b> 2) Popcorn Chicken w Dinner Roll WG 3) Yogurt Cup w Whole Grain Cereal, cheese stick, 100% Juice & Carrot Sticks 4) Chicken Caesar Salad	<b>Fridays</b> 2)WG Tony's Cheese Pizza  3) Cold Nacho Fun Lunch: Tortilla Scoops, Cheddar Cheese, Salsa, Raisins 4) Chef Salad Turkey/Ham

Questions or Comments? Please call Steve Pell, Food Service Director 517-647-2984 or spell@portlandk12.org

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