



Chartwells School Dining Services at St. Patricks Elementary
Lunch Menu Sep. 5th - Sep. 30th 2016
Student Lunch \$2.60 Reduced \$0.40 Adult \$3.75

A full student lunch includes a choice of entrée supplying protein and grain, up to two (2) vegetable side dishes, two (2) fruit side dishes, and milk. Milk choices include skim white and skim chocolate.

Monday	Tuesday	Wednesday	Thursday	Friday
No School ⁴ Labor Day	⁵ Beef/Chicken Nachos w Cheese Sauce Refried Beans <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Red Pepper Strips Cinnamon Apple Sciles Fresh Grapes	⁶ Waffles WG w Scrambled Eggs Tator Tots <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Baby Carrots Cole Slaw Fresh Banana	⁷ Chicken & Cheese Quesadilla Steamed Broccoli <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Cherry Tomatoes Chilled Pineapples LOCAL APPLE	⁸ Sloppy Joe WG Bun Oven Fries <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Shredded Carrot Sticks Chilled Mixed Fruit 100% Juice
¹¹ Hot Dog WG Bun or Chili & Roll or Both Crispy Tator Tots <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Baby Carrots Chilled Pears Fresh Orange wedges	¹² Homemade Pepperoni Pizza Steamed Broccoli <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Red Pepper Strips Rosy Applesauce Fresh Watermelon	¹³ Berry Parfait w Granola Strawberries <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Cucumber Slices Chilled Pears LOCAL APPLE	¹⁴ Chicken Tenders WG w Dinner Roll Mashed Potatoes & Gravy <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Broccoli Bites Chilled Mandrin Oranges Fresh Banana	¹⁵ Walking Taco Corn Chips Sweet Tator tots <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Broccoli Bites Rosy Applesauce 100% Juice
¹⁸ BBQ Pork Riblet WG Bun or Muffin Steamed Green Beans <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Broccoli Bites Rosy Applesauce Fresh Pear	¹⁹ Bosco Cheese-filled Breadsticks WG Pizza Dipping Sauce <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Grape Tomatoes Chilled Peaches Fresh Grapes	²⁰ Mini Corn Dog w Biscuit Baked Beans <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Cucumber Coins Cinnamon Apple Sciles Fresh Orange Wedges	²¹ Bug Bites w Meal Meatball Marinara w Spaghetti & Breadstick Steamed Broccoli <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Baby Carrots Chilled Pears LOCAL APPLE	²² Mini Pancakes and Scrambled Eggs Tator Tots <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Baby Carrots Chilled Mixed Fruit 100% Juice
²⁵ Fortune Cookie w Meal General TSO Chicken w Lucky Fried Rice Steamed Oriental Veggies <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Red Pepper Strips Fresh Orange Wedges Chilled Pears	²⁶ Beef Tacos Soft Shell Tortilla Refried Beans <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Celery Sticks California Raisins Cantaloupe	²⁷ Homemade Macaroni & Cheese w/ soft pretzel Steamed Broccoli <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Grape Tomatoes Chilled Fruit Cocktail LOCAL APPLE	²⁸ BBQ Baked Chicken w WG Dinner Roll Mashed Potatoes & Gravy <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Baby Carrots Chilled Peaches Fresh Banana	²⁹ Walking Taco Corn Chips Sweet Tator tots <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Broccoli Bites Rosy Applesauce 100% Juice

Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk)

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
2) French Toast Stix w Sausage Links 3) PB&J Crustable wString Cheese, 100% Juice, Carrot Sticks & Bug Bites 4) Chef Salad Turkey/Ham	2) Cheeseburger on Bun 3) Yogurt Cup, String Cheese, Blueberry Muffin, crackers 100% Juice & Carrot Sticks 4) Chicken Caesar Salad	2) WG Pizza Dunkers wCheese & Pizza Sauce 3) Mini Turkey Sub Fun Meal 100% Juice, Raisins and Fruit Snacks 4) Chef Salad Turkey/Ham	2) Popcorn Chicken w Dinner Roll WG 3) Yogurt Cup w Whole Grain Cereal, cheese stick, 100% Juice & Carrot Sticks 4) Chicken Caesar Salad	2)WG Tony's Cheese Pizza 3) Cold Nacho Fun Lunch: Tortilla Scoops, Cheddar Cheese, Salsa, Raisins 4) Chef Salad Turkey/Ham

Questions or Comments? Please call Steve Pell, Food Service Director 517-647-2984 or email at spell@portlandk12.org

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