



WHAT'S ON THE MENU?

Chartwells School Dining Services at St. Patrick's Elementary

Lunch Menu Jan. 7th - Feb. 1st 2019

Student Lunch \$2.60 Reduced \$0.40 Adult \$3.75

A full student lunch includes a choice of entrée supplying protein and grain, up to two (2) vegetable side dishes, two (2) fruit side dishes, and milk. Milk choices include 1% white and 1% chocolate.

Monday	Tuesday	Wednesday	Thursday	Friday
Cookie w Lunch 7 Grilled Cheese Sandwich WG W Campbell Tomato Soup <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Cucumber Slices Chilled Pears Fresh Tangerines	Bosco Cheese-filled Breadsticks WG 8 Pizza Dipping Sauce <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Red Pepper Strips Cinnamon Apple Slices Fresh Grapes	Mini Pancakes & Sausage Links 9 Tator Tots <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Baby Carrots Cole Slaw Fresh Orange Wedges	Spaghetti w Meatball Marinara & Breadstick 10 Steamed Broccoli <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Cherry Tomatoes Rosy Applesauce LOCAL APPLE	Walking Taco Corn Chips 11 Sweet Corn <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Shredded Carrot Sticks Chilled Mixed Fruit 100% Juice
Chicken Nuggets 14 WG Dinner Roll Steamed Green Beans <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Baby Carrots Rosy Applesauce Fresh Orange Wedges	Homemade Cheese Pizza 15 Sweet Peas & Carrots <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Red Pepper Strips Chilled Peaches Fresh Watermelon	Macaroni & Cheese 16 w/ soft pretzel Steamed Broccoli <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Cucumber Slices Chilled Peas Fresh Grapes	Fruit rollup w lunch 17 BBQ Baked Chicken WG Dinner Roll Mashed Potatoes & Gravy <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Broccoli Bites Chilled Mandarin Oranges LOCAL APPLE	Sloppy Joe 18 Oven Fries <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Grape Tomatoes Chilled Mixed Fruit 100% Juice
No School 21 MLK Day observed	Beef Tacos 22 Soft Shell Tortilla Refried Beans <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Lettuce & Tomatoes Chilled Peaches Fresh Grapes	Mini Pancakes and Scrambled Eggs 23 Tator Tots <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Cucumber Coins Cinnamon Apple Slices Fresh Banana	Baked Lasagna w Breadstick 24 Steamed Broccoli <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Baby Carrots Chilled Mixed Fruit Fresh Tangerines	Footlong Dog on a Hot Dog Bun 25 Steamed Green Beans <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Cherry Tomatoes Rosy Applesauce 100% Juice
Beef/Chicken Nachos w Cheese Sauce 28 Refried Beans <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Shredded Carrot Sticks Fresh Orange Wedges Cinnamon Apple Slices	Homemade Pepperoni Pizza 29 <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Cherry Tomatoes California Raisins Cantaloupe	Macaroni & Cheese 30 w/ soft pretzel Carrot Coins <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Cucumber Coins Cinnamon Apple Slices Fresh Banana	Cheddar Goldfish 31 Baked Lasagna w Breadstick Steamed Broccoli <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Baby Carrots Chilled Pears LOCAL APPLE	Mini Waffles w Chicken Tenders 1 Tator Tots <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Broccoli Bites Rosy Applesauce 100% Juice
Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk)				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
2) Cinnamon French Toast Stix w Sausage Links 3) PB&J Crustable wString Cheese, 100% Juice, Carrot Sticks & Bug Bites 4) Chef Salad Turkey/Ham	2) Cheeseburger on Bun 3) Yogurt Cup, String Cheese, Blueberry Muffin, crackers 100% Juice & Carrot Sticks 4) Chicken Caesar Salad	2) WG Pizza Dunkers wCheese & Pizza Sauce 3) Mini Turkey Sub Fun Meal 100% Juice, Raisins and Fruit Rollup 4) Chef Salad Turkey/Ham	2) Popcorn Chicken w Dinner Roll WG 3) Yogurt Cup w Whole Grain Cereal, cheese stick, 100% Juice & Carrot Sticks 4) Chicken Caesar Salad	2)WG Tony's Cheese Pizza 3) Cold Nacho Fun Lunch: Tortilla Scoops, Cheddar Cheese, Salsa, Raisins 4) Chef Salad Turkey/Ham

Questions or Comments? Please call Steve Pell, Food Service Director 517-647-2984 or email at spell@portlandk12.org

Do you think your family may qualify for free or reduced meals? Apply on-line: www.lunchapp.com

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