



Chartwells School Dining Services at St. Patrick's Elementary
Lunch Menu Oct. 1st - Nov 2nd 2018
Student Lunch \$2.60 Reduced \$0.40

A full student lunch includes a choice of entrée supplying protein and grain, up to two (2) vegetable side dishes, two (2) fruit side dishes, and milk. Milk choices include skim white, chocolate and strawberry milk.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Grilled Cheese Sandwich WG W Campbell Tomato Soup <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Cucumber Slices Chilled Pears FRESH ORANGE WEDGES	2 Bosco Cheese-filled Breadsticks WG Pizza Dipping Sauce <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Red Pepper Strips Cinnamon Apple Slices Fresh Grapes	3 Mini Pancakes & Sausage Links Tator Tots <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Baby Carrots Cole Slaw Fresh Orange Wedges	4 Spaghetti w Meatball Marinara & Breadstick Steamed Broccoli <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Cherry Tomatoes Chilled Pears LOCAL APPLE	4 Walking Taco Corn Chips Sweet Corn <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Broccoli Bites Chilled Mixed Fruit 100% Juice
8 Choc Chip Cookie w L Chicken Nuggets WG Dinner Roll Steamed Green Beans <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Baby Carrots Chilled Pears Fresh Orange Wedges	9 Homemade Cheese Pizza Sweet Peas & Carrots <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Red Pepper Strips Chilled Peaches Fresh Watermelon	10 Macaroni & Cheese w/ soft pretzel Steamed Broccoli <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Cucumber Slices Chilled Peas Fresh Grapes	11 BBQ Baked Chicken WG Dinner Roll Mashed Potatoes & Gravy <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Broccoli Bites Chilled Mandrin Oranges LOCAL APPLE	12 1/2 Day of School No Lunches
15 Chicken Fries WG Dinner Roll Oven Fries <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Baby Carrots Chilled Pears Fresh Orange Wedges	16 Beef Tacos Soft Shell Tortilla Refried Beans <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Lettuce & Tomatoes Chilled Peaches Fresh Grapes	17 Turkey Gravy over Mashed Potatoes WG Dinner Roll <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Cucumber Coins Cinnamon Apple Slices Fresh Banana	18 No School No Lunches	19 No School No Lunches
22 Beef/Chicken Nachos w Cheese Sauce Refried Beans <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Shredded Carrot Sticks Fresh Orange Wedges Cinnamon Apple Slices	23 Homemade Pepperoni Pizza Steamed Broccoli <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Celery Sticks California Raisins Cantaloupe	24 Blueberry Parfait w Granola Diced Peaches <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Grape Tomatoes Chilled Fruit Cocktail LOCAL APPLE	25 Chicken Tenders WG Dinner Roll Mashed Potatoes & Gravy <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Broccoli Bites Chilled Mandrin Oranges LOCAL APPLE	26 BBQ Pulled Pork WG Bun Oven Fries <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Shredded Carrot Sticks Rosy Applesauce 100% Juice
29 Chicken Patty WG Bun Oven Fries <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Cucumber Slices Chilled Pears FRESH ORANGE WEDGES	30 Macaroni & Cheese w/ soft pretzel Steamed Green Beans <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Red Pepper Strips Chilled Peaches Fresh Grapes	31 Mini Maple Pancakes & Scrambled Eggs Tator Tots <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Baby Carrots CINNAMON APPLE SLICES Fresh Pineapple	1 Goldfish Crackers w L Mini Corn Dog w Biscuit Steamed Broccoli <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Cherry Tomatoes Chilled Mixed Fruit LOCAL APPLE	2 Ravioli & Mozz Cheese w WG Dinner Roll Sweet Corn <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Broccoli Bites Chilled Mixed Fruit 100% Juice

Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk)

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
2) Cinnamon French Toast Stix w Sausage Links 3) PB&J Crustable wString Cheese, 100% Juice, Carrot Sticks & Bug Bites 4) Chef Salad Turkey/Ham	2) Cheeseburger WG Bun 3) Yogurt Cup, String Cheese, Blueberry Muffin, 100% Juice & Carrots 4) Chicken Caesar Salad	2) WG Pizza Dunkers wCheese & Pizza Sauce 3) Mini Turkey Sub Fun Meal 100% Juice, Raisins and Fruit Rollup 4) Chef Salad Turkey/Ham	2) Popcorn Chicken w Dinner Roll WG 3) Yogurt Cup w Whole Grain Cereal, cheese stick, 100% Juice & Carrot Sticks 4) Chicken Caesar Salad	2)WG Tony's Cheese Pizza 3) Cold Nacho Fun Lunch: Tortilla Scoops, Cheddar Cheese, Salsa, Raisins 4) Chef Salad Turkey/Ham

Questions or Comments? Please call Steve Pell, Food Service Director 517-647-2984 or spell@portlandk12.org

Do you think your family may qualify for free or reduced meals? Apply on-line: www.lunchapp.com